

WARRIORS

FOOTBALL



2010 NCAFA Gilchrist
A-Cup Champions



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Wanda Keenan
www.keenansportsphotography.com



Tyke

Team Program

2010 Tyke Coach's Message



Our memorable run to the "A-Cup" Championship started with a coaches meeting where we had a target of looking at improving on last year's record. Our focus was to emphasize the fundamentals and to teach a good work ethic through organized practices that focused on teaching the basics. The most important item to teach was teamwork. The greatest asset this team had was their willingness to work hard and be pushed to the limit both physically and mentally.

This year's team was very young, but one filled with talented young men. Expectations at the beginning were to finish with a 4-4 record. Boy, were we pleasantly surprised!

The spread offence we ran was unique for this age group. It was anchored by a great offensive line and executed by very talented and skilled backs. Our offensive skills were highlighted with a 70 point performance against Cumberland in the playoffs.

The defence was the youngest squad in the league bar none. We have as many as 11 players returning. The group rallied behind the coaching staff, never quit and always looked to improve. The defence showcased their talents in the Finals by limiting a very offensively talented Gatineau team to a mere 16 points

There were a few factors that we felt lead to this year's success.

- The entire staff became very close early in the season. Everything was geared towards the team getting a "Win" each week.
- The Boys' willingness to work hard and be pushed was evident during each practice. The obstacle courses they ran pushed the boys to the limit. This built character and helped the players form a bond with each other.
- The team's confidence built as the season went on and the boys started to believe anything was possible.
- The parents' involvement and support was second to none. This helped build the boys' confidence to dream big and believe that anything was possible

We hope all the players enjoyed themselves and will return as Tykes or move onto the next level at Mosquito. This is ultimately the goal of the Warrior's organization.

Best of luck boys. It truly was our pleasure to coach you this year. **Thank you!**

Warriors for life boys!

Coach Brian, Joe, Chris, Bas, Dan, Scott, Sean, Troy and Giuseppe



2010 NCAFA TYKE FINAL STANDINGS

WEST	GP	W	L	PF	PA	PTS
NEPEAN REDSKINS	8	6	2	315	169	12
BELL WARRIORS	8	6	2	227	191	12
BROCKVILLE BUCCANNEERS	8	5	3	152	119	10
MYERS RIDERS	8	4	4	122	149	8
WEST CARLETON WOLVERINES	8	4	4	149	148	8
KANATA KNIGHTS	8	3	5	191	215	6
BEL-AIR LIONS	8	1	7	107	188	2
EAST	GP	W	L	PF	PA	PTS
GLOUCESTER SOUTH RAIDERS	8	8	0	225	44	16
GATINEAU VIKINGS	8	7	1	198	84	14
CUMBERLAND PANTHERS	8	6	2	252	138	12
MEWS ORLEANS BENGALS	8	5	3	204	225	10
SOUTH OTTAWA MUSTANGS	8	2	6	147	250	4
NORTH GLOUCESTER GIANTS	8	2	6	90	152	4
CORNWALL WILDCATS	8	1	7	99	230	2
EAST OTTAWA GENERALS	8	0	8	54	232	0

BELL WARRIORS TYKE 2010 SCHEDULE

PRE-SEASON

FRIDAY NIGHT TYKES: BELL 3 WINS – 1 TIE

REGULAR SEASON

BELL WARRIORS	52	KANATA KNIGHTS	51
BELL WARRIORS	37	NEPEAN REDSKINS	56
BELL WARRIORS	25	BROCKVILLE BUCCANEERS	12
BELL WARRIORS	18	MYERS RIDERS	16
BELL WARRIORS	35	WEST CARLETON WOLVERINES	18
BELL WARRIORS	6	GLOUCESTER SOUTH RAIDERS	7
BELL WARRIORS	34	EAST OTTAWA GENERALS	12
BELL WARRIORS	20	BEL-AIR LIONS	19

A - CUP QUARTER - FINALS

BELL WARRIORS	70	CUMBERLAND PANTHERS	60
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A - CUP SEMI - FINALS

BELL WARRIORS	39	GLOUCESTER SOUTH RAIDERS	27
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A - CUP FINALS

BELL WARRIORS	24	GATINEAU VIKINGS	16
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2010 NCAFA Tyke Gilchrist A-Cup Champions

BELL WARRIORS

BELL WARRIORS 2010 TEAM ROSTER

OFFENCE

NUMBER	NAME	POSITION	BIRTHDATE
3	Andrew Decarie	WR	May 16, 2002
7	Ralph Jean-Jacques	HB	February 13, 2000
9	Joshua Streng	QB	April 5, 2000
11	James Keenan	WB	December 16, 2000
15	Quincy Telus	SB	June 13, 2001
17	Nolan Forbes	SB	March 7, 2001
23	Cole Condly	OT	February 8, 2000
25	Thom Dulmage	OL	May 10, 2002
27	Derek Boudreau	OL	January 4, 2001
29	Luke Dulmage	OL	February 28, 2000
33	Kyle Crabtree	OL	November 24, 2001
35	Charlie Harris	OL	February 21, 2000
37	Andrew Fullerton	FB	January 14, 2000
45	Zane Wolfe-Jackson	OL	March 17, 2000

BELL WARRIORS 2010 TEAM ROSTER

DEFENCE

NUMBER	NAME	POSITION	BIRTHDATE
6	Jacob Papalia	ILB	November 15, 2001
12	Sharmarke Rousse	DL	June 29, 2001
14	Cameron Walsh	CB	October 13, 2001
16	Nolan Harris	OLB	July 27, 2001
18	Spencer Theriault	CB	January 12, 2000
20	Max Johnston	DB	June 18, 2002
22	Trey Smith	DE	September 21, 2001
26	Kai Padamshi	DL	June 15, 2002
28	Logan Statham	DL	January 8, 2001
30	Justin Carreau	FS	February 6, 2001
32	Steven Schwartz	OLB	July 22, 2000
34	Ryan Pacholik	DE	June 1, 2000
36	Shayne Forsyth	ILB	August 8, 2000

BELL WARRIORS 2010 PLAYER PROFILES

DEFENCE



#6 Jake “The Snake” PAPANIA: Jake is a second year Tyke that moved from offence to defence. He was a dominate force at the middle linebacker position. When a tackle was needed Snake was always there making his presence known. He had a great ability to read the play and make the sure tackle, always taking the proper angle of pursuit. Snake played bigger than his size and proved it when he knocked a svelte 285 lb Coach Sean off his feet! Snake also put an unseen 11th man on the defence with his weekly prayers at school. He will be returning to Tyke for his third season next year.



#12 Sharmarke “Left or Right” Rouse: Sharmarke is a first year Tyke. Over the course of the summer he had the opportunity to play multiple positions on the defensive line. He gravitated to his natural position as a defensive end. Sharmarke worked hard during practices and improved considerably as the season progressed. Sharmarke has aspirations to play on the offence as the star running back or wide out. We look forward to see him at Tyke next year.



#14 Cameron “Rudy” Walsh: Cameron is a first year Tyke and played corner. During practices of hitting drills, he always volunteered to go against the biggest players and always shrugged off those big hits. Cam was named “Rudy” because he exemplified the true sense of the “*no quit*” attitude. We knew he was going to be a true Warrior when he showed up at Friday Night Tykes after a plane ride from Europe. Cameron’s spirit was a great addition to our team and we look forward to see him next year at Tyke.



#16 Nolan “The Claw” Harris: Nolan is a first year Tyke and played outside linebacker. His ability to consistently be the first one off the line of scrimmage was remarkable. Nolan understood the true sense of the word *CONTAIN* and if he could not finish off the tackle he would use his claw to clench the jersey long enough to complete the tackle. Nolan was a pleasure to coach as he listened, learned and performed. With his effort and willingness to learn he will be an even bigger force at Tyke next year.



#18 Spencer “The Blanket” Theriault: In Spencer’s first year at Tyke he started off on offence playing WR. He was moved over to the defence and being a true Warrior did so with no reservation and his impact was immediate. He played DB and his strengths were his quick feet and great hands. Spencer will be moving up to Mosquito and we wish him the best of luck.



#20 Max “The Axe” Johnston: Max is a first year Tyke and has two more years to exhibit his Warrior pride. Max’s greatest attribute was his ability to play any position on defence and to perform well beyond his years. He was an absolute pleasure to coach and possessed the heart of a true Warrior. His level of play elevated with each game. Max superseded all expectations with his performance in the second half of the A-Cup Championship game. We so look forward to see Max at Tyke next year.



#22 Trey “Polamalu” Smith: Trey is a second year Tyke and has shown great improvement and focus this year. He played several positions on the defence and was one of our most versatile players. As the season progressed he became a force at DE and he solidified our D line. Trey added a trend to Tyke football with his skull cap and some of the players followed. We look forward to see Trey return to Tyke next year.



#26 Kai “Smiley” Padamshi: Kai, a first year Tyke, was the youngest player who came to us as fate would have it. He wanted to play football and his perseverance to keep chasing his dream prevailed. Kai’s ability to listen and focus combined with his effort made him an absolute pleasure to coach. His level of play progressed weekly and pinnacle into the playoffs. Kai had a permanent smile on his face and embraced the Warrior pride with his sideline chants. Kai has two more years at Tyke and we look forward to see him next year.



#28 Logan “The Anchor” Statham: Logan’s sophomore year at Tyke moved him to defence. He was very coachable and understood his responsibilities. Logan displayed nose tackle supremacy with his ability to control A “gaps” while being double teamed. The defining moment in Logan’s year was during the West Carleton game when he took a big hit and was down and out. He persevered with the heart of a Warrior in the second half and dominated on defence for the balance of the game. His display of courage proved his leadership. Logan possessed Warrior fire which proved to be our “anchor” on the defence throughout the year. We are expecting greatness from Logan at Tyke next year.



#30 Justin “Wildman” Carreau: Justin is a first year Tyke. He began playing DL but found his home at FS. He had a great ability to go sideline to sideline bringing maximum effort on every play. He was a solid tackler with true Warrior grit. He had a couple of interceptions which displayed his great hands. We expect big things from Justin next year at Tyke.



#32 “Stompin” Steven Schwartz: Steven, a first year Tyke was a pleasant surprise! His performance improved weekly. He was extremely focused and dedicated to perfecting his responsibility on the field. Steven was a pleasure to coach as he possessed all the elements of a true Warrior. His level of play peaked in our A-Cup Championship game where he displayed outstanding ability. We wish Steven the best of luck as he is moving up to Mosquito next year.



#34 Ryan “Too Tall” Pacholik: Ryan, a first year Tyke, was a late acquisition to our team. He was asked to move from offence to defence on a few occasions. Ryan moved willingly and we knew he was meant to be a Warrior. Being a team player came to him naturally and it was our fortune. Ryan played his best game of the year when it counted most in our A-Cup Championship. Ryan is moving up to Mosquito next year and we wish him the best of luck.



#36 Shayne: The Train” Forsyth: WOW! Shayne a first year Tyke exemplified the definition of a football player. He possessed all the elements of a Warrior: speed, size, strength, agility and heart. Shayne was always in the zone and you could tell by the look in his eyes. He was a punishing tackler and his tremendous ability to stop anyone was remarkable. He made his mark with every hit and the opposing offence feared no. 36. It is hard to say whether or not Shayne was made for football or football was made for Shayne. We wish him the best of luck next year at Mosquito.

BELL WARRIORS 2010 PLAYER PROFILES

OFFENCE



#3 Andrew “The Peanut” Decarie: Andrew is a first year player who played WR and SB. He is also one of the youngest on the team. He started out on defence where his tackling skill was good but due to numbers and youth on that side of the ball we moved him to offense. We noticed that he could catch and was not afraid to mix it up which worked well for our blocking. From the first day, Andrew had a fearless attitude and this will serve him well as he moves through the Warrior program. We look forward to seeing him next year at training camp.

#7 Ralph “The Road Runner” Jean-Jacques : Ralph is a second year player who started out on defence but his quickness and ball carrying ability was soon noticed by coach Brian. We decided to move Ralph to offense early in the season. With this move we now started to develop our spread offence to highlight Ralph’s quickness and great hands. Ralph quickly developed into an offensive weapon and became a more complete offensive player when he really started to focus on his blocking. His ability to make key hard runs and good blocks helped either win some close games or break a game wide open. Ralph has improved a lot over the year and will be a talented Warrior for many years. Good luck at the next level.



#9 Josh “Galloping Ghost” Streng: Josh is a talented 3rd year Tyke who continued to improve on last year’s Outstanding “O” Player. He is truly the leader of this team, not using the word “I” when he scored or made a nice play. He realized it is a team effort with great blocking by the OL or his FB that helped him make the play. He is the first to congratulate his teammates with a pat on the back or a “way to go” when they scored. Josh is well liked and respected by his coaches and teammates and is destined to do some great things in his future in both football and life. It has been a pleasure to have had the privilege to coach you, best of luck at the next level.



#11 James “The Gun” Keenan: James is a first year player who played almost all offensive positions this year. We realized James would be a key member of this team during the winter camp, as he is smart, a good leader and very athletic. James started off at RB, SB, WB and WR and down the stretch he took on QB duties. This versatility allowed the coaches the opportunity to mix other players at different positions giving the offense many different looks while confusing the opposing defences. His understanding of the game is excellent and he is always up to any challenge presented to him. Good luck next year James at Mosquito.



#15 Quincy “Crazy Legs” Telus: Quincy is a first year player who played WR and SB. He improved a great deal this year especially in his willingness to work harder each and every practice. Quincy in the second half of the season started running harder and worked on his ball carrying ability and pass routes. He has a lot of quickness and sees the field very well and with these attributes, he could shape into a very good ball carrier. Quincy has another year at Tyke so we look forward to seeing him at spring camp next year.



#17 Nolan “Chainsaw” Forbes: Nolan is a first year player. He played WR and SB. Nolan ran good routes and developed into a good blocker with some toughness breaking through. Nolan has a great attitude, is witty and always has a smile on his face which made some rainy and tough practices much more enjoyable. He has another year at Tyke and could play either side of the ball. See you next spring Nolan.



#23 Cole “The Assassin” Condly: Cole is a first year player who came to be a Warrior by way of the Redskins as a late cut. He first started at Tackle on the OL but due to his speed, size and aggressive blocking, we moved him to SB and WB. Cole is very keen and a bright player so when he was introduced to these positions he caught on quickly to the blocking scheme. He was very successful at this so the coaching staff introduced another position, WR, where crack back blocks can be used on any outside plays. Once again, Cole excelled at this position so with this type of flexibility, we moved him where his blocking can be best utilized to have a successful play. Now that he has mastered this basic part of football, he can work towards a WR, SB or TE position at the Mosquito level, best of luck towards that Cole.



25 Tom “Big Easy” Dulmage: Tom is a first year Warrior and only 8 years old. Tom played Tackle on the OL and did a very good job as part of the best OL in the league. There were many big DE on the opposing teams and most times Tom held his own, this is very impressive for someone so young and he wasn't shy about mixing it up in practice either. Sometimes when it looked like Tom was not paying attention in practice, he always knew what was happening, we guess it is part of his “easy” attitude. His fearlessness and toughness is what football players are about and will serve him well as he progresses in this game. Tom will be a good one for us next year so we look forward to seeing him in the spring.



#27 Derek “The Wall” Boudreau: This is Derek's 2nd year at Tyke and he has one more to go. We give Derek full credit as last year was a bit tough for the 8 year old, he improved a great deal this year and never quit. He started the year at Center but moved to Tackle part way through the year because the coaches wanted some size on the edges. He worked hard at both the left and right Tackle position and that paid dividends in the final game where the defence had two strong DE that had to be handled. As one of the OL, he had the chance to run the “Fumble-Ruski” and he showed some good ability carrying the ball. Derek should be a leader next year on the team and we look forward to seeing him next year.



#29 “Cool Hand” Luke Dulmage: Luke is another first year player who started the year playing SB. The coaches noticed that he was very aggressive, had quick feet and was a good blocker so we decided to try him at Center. He quickly became the leader of the OL reminding and assisting the O-Linemen where to go and the type of blocking scheme required, very much conducting the best OL in the league. It is hard to find an O-Lineman, who is able to block at the second level, he did this naturally. He is the “rah rah” guy who also encouraged all his linemates, showing much leadership for a 10 years old. These are two of Luke's strongest assets. His nickname comes from his ability to stay “Cool” and “Hand” the ball to the QB under pressure, either with a long or traditional snap. Luke, all the best next year at Mosquito.



#33 Kyle “Iron Head” Crabtree: Kyle is a first year player who started out on defence but was asked by Coach Chris to move to the OL near the end of the season for a run at a cup final. He played Tackle and soon he had a grasp of what his role would be at this position and help contribute to the best OL in the league. It didn't take Kyle long before he started to move DE around with his “never give up” attitude. With the first year under his belt, Kyle will have many choices in position next year to challenge himself. See you next year Kyle.



#35 Charlie “2-Hits” Harris: Charlie is a first year player who started out on defence and was asked to help out on the OL. He played Guard and with this move, it solidified the interior of the OL. Due to his aggressiveness and strength, Charlie was moved to the strong side of the line where the play was called therefore giving the play the best chance of success. As one of the OL, he had the chance to run the “Fumble-Ruski” earlier in the season. During one practise his aggressiveness and strength was directed to Coach Dan for which Coach Dan hit the turf not once but twice. This started a trend and by season's end, the coaching staff was out a total of \$75.00 to players due to their aggressive play in practice. Charlie, we wish you success at the next level and with your good catching ability, don't limit yourself to OL or DL.



#37 Andrew “The Tank” Fullerton: Andrew is a first year player who came to us via baseball. He started the year at OL but the coaches realized quickly that he is the ideal FB, as he carried the ball securely, blocked well and would go head on with any player in the league. As a FB, Andrew hit the hole at full speed without hesitation, which is not something you can teach. Late in game when ball security and tough yards are needed, Andrew’s power running lead us to victory. He is a great teammate and always thanked all the coaches after practise for teaching him. Unfortunately, for the Tyke team Andrew is moving on next year and we know that he will be successful at Mosquito.



#45 Zane “The Bulldozer” Wolfe-Jackson: Zane is a first year player who played OL, Guard mostly and WB. He could have played FB or any position on the defensive line or LB due to his quickness, toughness and size. His ability to move opposing players was very impressive. He made the interior of our OL very strong, the best in the league, and due to his aggressiveness and toughness we usually moved him to the strong side of the line where the play was called. For a big fella, he has good speed and good ball carrying ability so this made him ideal for our OL play, the “Fumble-Ruski”, which he ran for good yardage. We moved him around again later in the season to take advantage of this speed and size by playing him a WB, and he was able to block some of the best OLB in the league. Zane’s commitment to the team was very commendable since there were at least two other teams closer to were he lived that he could play for. Zane is moving on to Mosquito so we wish him all the best.

2010 BELL WARRIORS TYKECOACHES AND STAFF

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[SCOTT STATHAM](#)
[SEAN BENJAMIN](#)
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HEAD COACH
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 Defensive Coach
 Defensive Coach/Trainer
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Thank You Everyone!



