

WARRIORS

FOOTBALL



2013 NAFA Western Division Champions



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Mosquito

Team Program

2013 Mosquito Coach's Message



Football is my passion and having the opportunity to be a head coach and lead this group of players was an unbelievable experience. Our mantra for 2013 was TEAM:

T - (Together) E - (100 % Effort) A - (Attitude) - positive upbeat M - (Motivation)

... driving force with a desired goal. I preached this all year throughout practice and games.

The journey began at the 2012 Banquet when I was asked to be head coach. I was fortunate to have several coaches commit to the team and we met to set a plan in motion. Our goal was to have a structured & skilled training camp in place for returning and new players. Our objective was to be the

- hardest working team
- best conditioned team
- to be the best conditioned team in the 4th quarter
- have the most fundamentally sound team
- commit to be the best tackling and blocking team in NCAFA.

We wanted kids who were committed to the team, willing to work hard, give 100% effort and not afraid of sacrifice. This was our recipe for success.

All our kids bought into the program. Our players responded to demanding practices. Our success was in our record 7-1! As a team we showed a lot of adversity. We learned how to come back from being down in a game and we had a very resilient group of boys whose character grew with each and every week. In our first play-off game we fell behind late in the fourth quarter and came back and scored a touchdown to sweet victory!

As a coach there are several memorable moments but there is one instance like no other. To teach a player a skill whether it's to tackle, cover, block, catch or run, we practice, practice, practice, teach & repeat. For every player there that is that moment, that first time, whether it's in practice or a game, when they do it and do it right. It's that look of excitement on the players' face, that smile from ear to ear, that moment of accomplishment. As a coach I burst with pride, I am filled with adrenaline and that moment is why I coach. That moment is victory itself!

The last game of the season was a tough one for all of us. One long quiet moment of disappointment where reality sinks in that we will no longer be together as a team. No more practices, no more games. We put our best game out there and I am proud of all of our boys. Our boys gave their all. They played their hearts out for the Warriors, for the coaches, for their families and for each other. These are the moments that make us stronger. Train harder, be better, push yourself and set your goals higher. You have all shown me your character, courage and strength. I believe in all of you and thank you all for your dedication to my team. To my players it was an honour to get to know all you fine young boys. I thank you for your dedication, commitment and hard work. For the players new to football this year I hope you enjoyed it and are hooked. For those that are playing at Mosquito next year, keep pressing for that A-Cup! To our graduating players moving to Peewee big things are expected from you. There is greatness in all of you. Eat, sleep and grow!!!! Work hard and be strong! Push-ups, sits-ups & sprints!

I am looking forward to see all of you next year. **1...2...3... WARRIORS FOR LIFE.....TEAM!!**

Coach Joe Papalia



2013 NCAFA MOSQUITO FINAL STANDINGS

WEST	GP	W	L	PF	PA	PTS
Bell Warriors	8	7	1	204	40	14
Nepean Redskins	8	7	1	267	28	14
Bel-Air Lions	8	7	1	235	70	14
Myers Riders	8	4	4	231	169	8
West Carleton Wolverines	8	3	5	163	220	6
Brockville Buccaneers	8	2	6	63	244	4
Kanata Knights	8	1	7	84	188	2
Outaouais Saints	8	1	7	67	387	2
EAST	GP	W	L	PF	PA	PTS
Cumberland Panthers	8	8	0	364	26	16
Gatineau Vikings	8	7	1	425	270	14
Mews Orleans Bengals	8	6	2	311	167	12
South Ottawa Mustangs	8	4	4	136	206	8
Gloucester South Raiders	8	3	5	135	301	6
Cornwall Wildcats	8	2	6	140	331	4
North Gloucester Giants	8	2	6	232	325	4
East Ottawa Generals	8	0	8	38	123	0

BELL WARRIORS MOSQUITO 2013 SCHEDULE

REGULAR SEASON

BELL WARRIORS	22	MYERS RIDERS	16
BELL WARRIORS	26	WEST CARLETON WOLVERINES	0
BELL WARRIORS	62	OUTAOUAIS SAINTS	0
BELL WARRIORS	6	BEL-AIR LIONS	12
BELL WARRIORS	7	KANATA KNIGHTS	6
BELL WARRIORS	33	GLOUCESTER SOUTH RAIDERS	6
BELL WARRIORS	14	NEPEAN REDSKINS	0
BELL WARRIORS	34	BROCKVILLE BUCCANEERS	0

A - CUP QUARTER - FINALS

BELL WARRIORS	11	SOUTH OTTAWA MUSTANGS	8
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A - CUP SEMI – FINALS

BELL WARRIORS	14	BEL-AIR LIONS	28
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A – CUP FINALS

BEL-AIR LIONS	38	MEWS ORLEANS BENGALS	46
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B – CUP CHAMPIONS: NEPEAN REDSKINS

C – CUP CHAMPIONS: GLOUCESTER SOUTH RAIDERS

BELL WARRIORS 2013 TEAM ROSTER

OFFENSE

NUMBER	NAME	POS	BIRTHDATE
3	Joshua Baylin	WR	December 25, 2002
5	Edward Kinsella	WR	August 20, 2002
7	Jake Papalia	QB	November 15, 2001
13	Nolan Harris	SB	July 27, 2001
17	Jake Miles	WR	May 30, 2001
23	Logan Wells	WR	July 1, 2001
25	Ben Edouard-Williams	HB	March 26, 2001
45	Kyle Crabtree	FB	November 24, 2001
47	Trey O'Brien	RB	July 16, 2002
53	Max Johnston	OL	June 18, 2002
55	Logan Statham	OL	January 8, 2001
57	Cam Walsh	OL	October 13, 2001
63	Oliver Hamilton	OL	August 14, 2001
65	Kai Padamshi	OL	June 18, 2002
67	Derek Boudreau	OL	January 4, 2001
73	Aidan Desormeaux	OL	April 6, 2002
75	Brady Brohman	OL	July 20, 2002
83	Daniel Brière	OL	June 3, 2002
85	Thom Dulmage	OL	May 10, 2002

BELL WARRIORS 2013 TEAM ROSTER

DEFENSE

NUMBER	NAME	POS	BIRTHDATE
6	Kyle Dasilva	DB	November 28, 2002
14	John Lubemba	LB	June 14, 2001
22	Blake Adam	DB	November 19, 2001
24	Justin Carreau	DB	February 6, 2001
26	Jacob Smith	DB	May 5, 2002
34	Jacob Baylin	DL	May 1, 2001
36	Nathaniel Lawlor	SB	February 21, 2002
38	Nicholas Walter	DB	May 5, 2001
44	Jérémy Paré	LB	December 15, 2001
46	Manny Akol	LB	March 2, 2001
48	Dawson Brown	DB	April 19, 2001
56	Eben Dibuca	DL	January 16, 2002
58	Lucas Quattrocchi	LB	October 26, 2001
64	Torin Theriault	DL	March 27, 2001
66	Ethan Ryan	DL	January 11, 2002
68	Shyreek Phillips	DL	September 30, 2002

BELL WARRIORS 2013 PLAYER NOTES

DEFENSE



6 Kyle Dasilva (DB): Kyle is the very definition of a Warrior. A great teammate who encouraged his fellow Warriors and contributed on the defence when called upon. Kyle was selfless and did whatever was asked of him even switching to defensive lineman late in the season. We expect big things from him next season at Mosquito.



14 John Lubemba (LB): This was John's first year as a Warrior. His natural athleticism and pure talent was evident from the start. John's impact on defence was tremendous with several key punt returns and interceptions for touchdowns. John also had multiple kick off recoveries and key tackles making him a dominant player on our defence. We look forward to a more mature and team oriented player to come back next year and be a big contributor at Peewee. We hope you enjoyed your first of many years to come with the Warrior family.



22 Blake Adam (DB): Blake is a very intelligent football player. His football knowledge and ability to diagnose a play as it unfolded was second to none. Blake came over to the defence just prior to the start of the season. His desire and work ethic helped mold him into one of the best defensive tacklers and coverage specialist. A great team mate and leader we wish him best of luck as he moves up to Peewee next year.



24 Justin Carreau (DB): Justin was an integral part of our defence this year. Often the one to relay adjustments and plays to the other defensive backs, Justin was always alert and able to add suggestions in games and in practice displaying his understanding of the game. He did a great job helping newer players within the system and we wish him best of luck as he moves up to Peewee next year.



26 Jacob Smith (DB): Jacob is a ferocious and tenacious competitor. One of the hardest hitters, Jacob is always willing to sacrifice and take things straight on to make a play. Jacob will bring a physical brand of football to next year's squad as he returns to Mosquito.



34 Jacob Baylin (DL): This was Jacob's first year playing football and he was asked to play several positions. He brought a positive attitude and always gave his full effort in practice and in games. Jacob improved every week and his efforts were rewarded with a crucial fumble recovery late in the season. This gave us a glimpse into what is yet to come. We wish this young man best of luck as he moves up to Peewee. Jacob was a pleasure to coach and his hard work will pay dividends next season.



15 Nathaniel Lawlor (DB): In his rookie season at Mosquito Nathaniel displayed a great understanding of the offence. A very gifted young man, late in the season Nathaniel was moved to the defensive side of the ball. This transition was easy for him and he will be a huge factor in the success of the team moving forward next year at Mosquito.



38 Nicholas Walter (DB): 2013 was Nicholas's 1st year of playing football, but on the field he had the presence of a veteran. Unbeatable in the passing game, he was a key contributor to playing contain and stopping the run. His ability to tackle and make those big plays was remarkable. Nicolas seemed to always have a big play that would change the momentum of the game. He was versatile and gladly played wherever he was needed, Nicolas was a pleasure to coach and we wish him best of luck as he moves up to Peewee next year.



44 Jérémy Paré (LB): This year was Jérémy's entry into football. Although he started the year as a 4 play DB, he quickly turned his hard work and commitment into a starting position. Jérémy found a home as our strong side (Sam) outside linebacker. His sure tackling and disciplined play made him irreplaceable on our defence. Our expectations are very high for him next year. An absolute pleasure to coach we look forward to seeing you at Pee wee.



46 Manny Akol (LB): Manny came into his own in his second season as a Warrior. He was moved around in several positions this year and excelled at all of them. His positive and friendly attitude was evident in every practice. Come game time his effort level and want to succeed was unequalled. Manny embraced the added responsibilities put on him as the season went along and ended the year as one of our defensive leaders and captains. He was an absolute pleasure to coach. His maturity and presence will be showcased at Pee wee next year. Thanks for all your help on defence this year.



48 Dawson Brown (DB): Dawson's first year with the Warriors was a great one. The 'quiet guy' showed that when the game was on the line and a big tackle or pass needed to be defended, he was the man for the job. Dawson was a great addition to the team, who listened intently and will be a key contributor for the club going forward. Wishing you best of luck at Pee wee next year.



56 Eben Dibuca (DL): Eben was designated a starter from day one and also played several positions including: DL and LB. His contagious smile and positive attitude were always present. Deceivingly quick and agile, Eben followed his responsibilities. His athleticism made an impact in every game. He will be difficult to defend as he returns to Mosquito next year. We expect him to dominate at that level and wish him the best of luck.



58 Lucas Quattrocchi (LB): This was "The Claws" 2nd year in football. Lucas was called upon to step up this year and performed admirably in his role, as a play caller and middle linebacker, in a crucial game. Always a good team mate, he supported his team during his midseason arm injury. He was able to return and contributed late in the season. We wish him success at Pee wee next year. Do the Work.



64 Torin Theriault (DL): Torin came to the Warriors later in the summer following his season at Beckwith and he became one of our most improved players over the course of the season. Our quickest lineman off the ball, Torin worked his way into a starting position and became a pivotal member of our dominant defensive line. We look forward to his continued progress and wish him success with our Warrior family as he moves up to Pee wee next year. Thanks for coming out and hope you enjoyed our brand of football.



66 Ethan Ryan (DL): "THE MAN" this year on the D-line. Despite his young age, Ethan was truly dominant and played at a level of maturity and aggressiveness well beyond his years. He was our most reliable and consistent defensive player all season. Greatness is expected from this young man as his football career progresses with the Warriors. Ethan is incredibly respectful and a coachable player. We wish to thank him for his efforts and wish him best of luck as he returns to Mosquito next year. Coach Dan will be waiting for you at Pee wee 2015.



68 Shyreek Phillips (DL): Shyreek was an immovable force along the defensive line this season. He attacked the offensive line and created havoc in the backfield against every team we played. He was often double teamed which allowed our linebackers and other lineman to make plays. It should be interesting to watch him dominate games next year as he returns to play at Mosquito. Thanks for a great season and looking forward to coaching you in the near future.

OFFENSE



3 Joshua Baylin (WR): Joshua was a first year player that quickly gained a reputation as a hard worker. He consistently faced bigger players with no fear whatsoever. With great hands and quick feet, he worked his way into the starting offence and was responsible for a number of key blocks throughout the season. We are expecting big things from Josh next year upon his return to Mosquito.



5 Edward Kinsella (WR): Eddy showed heart from the first day of training camp until the last day of season. Always ready to step into every role, it was great to have Eddy as a Warrior. His work ethic allowed him to make huge strides this year. Quiet but confident, he set a great example as to what hard work can do for any player. Thanks for a great season Eddy and good luck next year at Mosquito.



7 Jake Papalia (QB): Snake is an outstanding young man who plays this game with his heart on his sleeve. He exemplified the "TEAM" mantra in practice and games. His ability to understand and relay the responsibilities to his teammates on any given play was a big part of his leadership role. Watching him grow into the QB/Team Leader role was an absolute pleasure for the coaching staff. Snake's ability to lead, learn and grow as a football player will be his recipe for success as he moves up to Pee wee next year. Thank you for a great season.



13 Nolan Harris (SB): Nolan exemplifies the Warrior Spirit. He is a leader and a teammate in every sense of the word. Having the ability to play any position on the football field and be great. On offence, whether playing SB, WR, QB, FB, TE, getting the ball, blocking or holding for the extra point, Nolan was a key component to much of the success we had this year. A pleasure to coach we wish him the best of luck at Pee wee next season



17 Jake Miles (WR): A veteran at Mosquito, Jake was the leader at the WR position throughout the season. His speed was a huge asset, his running routes were precise and kick returns were always for positive yardage. His ability to cut back helped the offence out of some tough spots enabling us to get first downs. Working on all facets of the game, Jake blocked as well as he caught the ball and also made key tackles on special teams. Thanks for a great season Jake and good luck next year at Pee wee.



23 Logan Wells (WR): Logan showed his versatility by playing a number of receiver positions throughout the year. His pass patterns and his hands continued to improve throughout the season thanks to the work he put in. He was asked to play in all sorts of different offensive situations and never hesitated. Best of luck at Pee wee next year Logan!



25 Ben Edouard-Williams (HB): A very quiet and humble football player, Ben is a natural born athlete with great hands and incredible speed. He carried the load for the offence through the first half of the season with several big runs, catches, TD's and convert kicks. An unselfish football player who cares more about his teammates success over his own personal accomplishments, Ben exemplified the "TEAM" manta. We wish him continued success as he moves up to Pee wee next year.



45 Kyle Crabtree (FB): Kyle's success on the football field was indicative of his work off the field. With his 110% effort level and leadership qualities, Kyle was a true asset to our offence. His hard physical play and ability to block, snap, catch or carry the ball was a key contributor to our offensive success. He exemplifies everything that is a Warrior. A pleasure to coach we wish him best of luck at Pee wee next year.



47 *Trey O'Brien (RB):* Our defensive leader and play caller for most of the season, Trey outperformed all the high expectations which were put on him. A relentless hard worker in practice and games, he set the tone with his aggressive and disciplined play. A true pleasure to coach, he was reluctantly given to the offence near the end of the season and was able to showcase his talents at RB. Trey will dominate either side of the ball next season at Mosquito and will be one of the top players in the league. Thanks for making us better coaches.



53 *Max Johnston (OL):* Max had a great rookie year, playing multiple positions on the offensive line. Max was an intent listener and worked hard to improve. Max played both guard and tackle. He was able to help our back field gain positive yardage. A Warrior of 4 years we wish Max continued success at Mosquito next year.



55 *Logan Statham (OL):* Logan started this season at right tackle, moved to guard and tight end. He also had the opportunity to play full back where he blocked and carried the ball successfully. Logan scored the first touch down of his young career. He was a force on the offence, allowing the ball carriers to gain yards and score points. We wish him best of luck as he moves up to Peewee next year.



57 *Cam Walsh (OL):* Cam started this season on defence and moved over to the offence without hesitation, proving his was a team player. He perfected the chop block on game day. He played with a lot of enthusiasm, a smile and a comment. His sense of humor and spirit was a great addition to our OL. Best of luck at Peewee next year.



63 *Oliver Hamilton (OL):* Oliver was new to football this year in his rookie season. A quiet and attentive player who listened and learned with enthusiasm. A young man who was determined to make the team, he was willing to sacrifice his vacation if it were to hinder his chances. A pleasure to coach and best of luck to Oliver as he moves up to Peewee.



65 *Kai Padamshi (OL):* Kai was a stand-out rookie who was very strong in understanding and executing assignments. He was called upon to play many positions including: guard, tackle and was without question our best pulling guard. Tasked with smashing any defender who got in his way. Kai was the hardest working lineman both in practice and on game day. He inspired his teammates to work hard and go further. In his 4th year of football his work ethic and attitude will carry him on to future success for years to come. We expect domination from Kai as he returns to Mosquito next year. Keep up 100% in sprints!!!!!!



67 *Derek Boudreau (OL):* Derek a veteran of 5 years who played left tackle was a key player in protecting our QB and allowing our back field to gain yardage and score points. His versatility when called upon allowed him to play center and he solidified that position. He displayed leadership as a captain and was a valuable asset to our team. We look forward to his continued success as Derek moves up to Peewee.



73 *Aidan Desormeaux (OL):* Aidan's perserverance is second to no one. Injured early in training camp, Aidan bought into the "TEAM" mantra and displayed the heart of a true Warrior. While attending practice weekly he was able to learn his responsibilities which allowed him to execute to his full potential when given the clearance to play. He played FB and carried the ball with success. A true pleasure to coach we wish him best of luck at Mosquito.



75 *Brady Brohman (OL):* Brady started late in the season and was unfortunately sidelined with an injury. He showed his Warrior spirit by supporting his teammates at games. We look forward to Brady's return to Mosquito next season.



83 Daniel Brière (DL): Daniel was one of the most versatile and unselfish players on our team. A player who was moved several times from offence to defence, he possessed an understanding of his responsibilities and assignments. He always did what was best for the team. He started on offence as a guard, then tackle, tight end, and then moved to defence playing DL and LB and thrived with every challenge. A true pleasure to coach and regardless of what was asked of him, the same two words from Daniel were always “YES COACH”. We wish you well as he returns to Mosquito next year.



85 Thom Dulmage (OL): Thom had a successful rookie season. He always knew his responsibility and executed to his full potential. His quickness off the ball was a true asset. Thom, an intelligent football player, excelled playing any position on the offensive line including TE. He also played FB where he blocked and ran the ball successfully and scored a TD. Wishing him the best of luck as he returns to Mosquito.

2013 BELL WARRIORS COACHES AND STAFF

JOE PAPALIA	Head Coach
DAN CRABTREE	Defensive Coordinator
MATT VALOIS	Offensive Coordinator
JASON MOUSSEAU	Assistant Defensive Coach
RICHARD BAYLIN	Assistant Offensive Coach
SCOTT STATHAM	Assistant Offensive Coach
KEVIN PADLEY	Assistant Offensive Coach
VERONICA PAPALIA	Team Manager
JOANNE DESORMEAUX	Trainer
CORY MILES	Equipment Manager
MARTY CARREAU	Equipment Manager

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Program Printing:



215 Terence Matthews Crescent, Suite 1, Ottawa
Telephone: (613) 288-2885
Web: www.asappm.com

Thank You Everyone!



2nd Annual **silent** AUCTION

Make sure to check out our selection of exciting donations for our **2nd Annual Bell Warriors Football Club Silent Auction.**

To all of our generous Warrior supporters who donated to our silent auction, the Warriors want to say **THANK YOU VERY MUCH!**

Every dollar raised tonight from our Silent Auction goes directly towards new equipment purchases. **It's a WIN-WIN.** You will be helping us keep our great sport affordable ... and you'll be going home with a great Warrior Silent Auction item!

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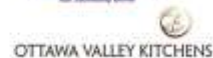


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2013 Bell Warriors Mosquito

Memories



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Wanda Keenan
www.keenanphoto.com