



# REGISTER NOW!

Register at [www.bellwarriors.ca](http://www.bellwarriors.ca). For more details, email [info@bellwarriors.ca](mailto:info@bellwarriors.ca) or call (613) 838-4279

## Winter Workouts

- **Ages 7-15** Held at the Ben Franklin Dome over 4 Sundays in March - April

## Spring Flag Football **NEW**

- **Ages 7-13** Practices & Games will be Saturday mornings for 6 weeks in May - June at Bell High School

## Spring Girl's Touch Football

- **Ages 10-23** Training starts in April. The season games are May-June.

## Tackle Football

- **Ages 7-18** Tryouts start in late May. After a summer break, the season runs from mid-August through October.

The Bell Warriors Football Club delivers both the friendliest introduction to football for new players and a challenging experience for returning players. The Warriors have been offering exciting football for local youth for 62 years and our personal and trained coaches are dedicated to providing a positive experience that you will never forget!

*Don't Miss Out!*



[bellwarriors.ca](http://bellwarriors.ca) [info@bellwarriors.ca](mailto:info@bellwarriors.ca) @BellWarriors1

