



2018 Pee Wee Coach's Message



It's been a few months since our championship game and it's given all of us some time to reflect on what a great year the team had. It's so important to remember all the good things that happened throughout the season, which I shared on the Warriors facebook page just after the championship game. If we only use the score from the game against the Panthers as a measure of our team, we're doing a disservice to ourselves. There were ten other Peewee teams that would change places with us in a heartbeat.

Firstly, our assistant coaches deserve so much of the credit for preparing the kids to play each week. Their knowledge of the game was excellent but more importantly was the manner in which they spoke to & taught the players. I've always felt the X's & O's of the game are the easy part, the true talent in coaching comes from communicating effectively. One might think that coaching over 30 twelve & thirteen year olds would be more difficult than herding cats. For those parents who watched our practices on a regular basis, you'd agree that these coaches made it look easy.

Our defensive Coordinator Geoff Forsyth meticulously designed a different game plan for each opponent based on our weekly scouting observations. However, the implementation of these unique strategies would not have been successful if not for all of our defensive coaches. Bobby's enthusiasm while working with the line was stellar, you'd never know this was his first year coaching. Our 'Buddy' Phil brought both his love for the game and past knowledge as a player to positively influence the whole defence. Our other novice coach Joce also brought past playing and coaching experience to the staff and his passion for helping the kids was evident throughout each & every practice & game.

On the offensive side of the ball, the positive influence Dave and Dave had on the mostly rookie laden offence was paramount to our success. Dave Sabourin, like Bobby Jinkinson, played for me at South Carleton High school. Knowing his demeanor made it an easy choice to encourage Dave to join our staff. Like Bobby, his transition into coaching from playing was an easy one. Dave Latendresse came over from the Eagles with his son Teo and though a defensive specialist, his wealth of football knowledge enabled Dave to easily adapt to working with the offense.

The appreciation I have for the numerous volunteers, that enabled us to just coach this year, is indescribable. None of you did what you do for the accolades, but you deserve our thanks nonetheless. So a big pat on the back goes out to Christine, Troy, Allison, Melanie and everyone else who helped with canteens and snacks etc. I have to admit that rejoining community football after 20 years of coaching at high school was much easier than I had imagined. Coming back last year as an assistant allowed me to gradually transition back to coaching a younger age group. To the players, I loved your youthful enthusiasm, unwavering commitment to practices & dedication to learning everything we threw at you . **YOU** brought back my passion for coaching football again that had been so sorely absent from my life.

In closing, Geoff and I were speaking recently about what to share with the players to help prepare them for next year. The factors that you the players have control over that will help you succeed are simple:

- 1. Keep playing <u>every</u> sport you can in the offseason. Too many kids focus on just one sport, so many other sports will help you in your overall agility & athleticism that will easily translate into making you a more complete football player. Consider joining the soccer, wrestling, track & basketball teams for the strength, quickness & transferable skills they develop.
- 2. Continue to practice the WE and not the ME teammate mentality. The success we achieved this year was partially due to players on our team who sacrificed their own personal wants. Just think of the players on our team that played a position, when asked, that got us to the big game. Would we have made it had it not been for their selflessness?
- 3. Treat your body like the shrine that it is. Some simple practices you can do are:
 - a. Drink water instead of pop
 - b. Take advantage of the free summer memberships at Good Life etc
 - c. Eat your fruits and veggies instead of the leftover Halloween candy.

Sincerely,

Coach Paul

Paul Gowans, Bell Warriors Pee Wee Head Coach



2018 NCAFA PEE WEE FINAL STANDINGS

WEST	GP	W	L	Т	PF	PA	PTS
Myers Riders	8	7	1	0	361	142	14
Bell Warriors	8	6	2	0	222	140	12
Kanata Knights	8	6	2	0	271	91	12
Bel-Air Lions	8	5	3	0	426	345	10
West-Carleton Wolverines	8	3	5	0	170	230	6
Nepean Eagles	8	2	6	0	38	200	4
EAST	GP	W	L	Т	PF	PA	PTS
EAST Cumberland Panthers	GP 8	W 8	L 0	T 0	PF 411	PA 97	PTS 16
				_			
Cumberland Panthers	8	8	0	0	411	97	16
Cumberland Panthers Cornwall Wildcats	8	8	0	0	411	97 186	16 12
Cumberland Panthers Cornwall Wildcats Gloucester South Raiders	8 8	8 6 3	0 2 5	0 0 0	411 388 178	97 186 222	16 12 6





BELL WARRIORS PEE WEE 2018 SCHEDULE

REGULAR SEASON

BELL WARRIORS	43	NEPEAN EAGLES	0
BELL WARRIORS	13	KANATA KNIGHTS	9
BELL WARRIORS	27	CORNWALL WILDCATS	25
BELL WARRIORS	18	CUMBERLAND PANTHERS	49
BELL WARRIORS	6	GLOUCESTER SOUTH RAIDERS	0
BELL WARRIORS	62	BEL-AIR LIONS	38
BELL WARRIORS	8	MYERS RIDERS	19
BELL WARRIORS	45	ORLEANS BENGALS	0
	۸ CII	IP QUARTER - FINALS	
	A - CU	P QUANTER - FINALS	
BELL WARRIORS	59	BEL-AIR LIONS	8
BELL WARRIORS	59	·	8
BELL WARRIORS BELL WARRIORS	59	BEL-AIR LIONS	8
BELL WARRIORS A - CUP CHAMPION	59 A - 0	BEL-AIR LIONS CUP SEMI - FINALS	-
BELL WARRIORS	59 A - 0	BEL-AIR LIONS CUP SEMI - FINALS	_
BELL WARRIORS A – CUP CHAMPION CUMBERLAND	59 A - 6 14 SHIP 28	BEL-AIR LIONS CUP SEMI - FINALS MYERS RIDERS	2



BELL WARRIORS 2018 PEE WEE TEAM ROSTER

OFFENSE

NUMBER	NAME	POS	BIRTHDATE
1	JACK MACKAY	WR	January 13, 2005
3	JACOB WONG	WR	November 12, 2006
5	TEO LATENDRESSE	QB	June 8, 2005
7	MATTHEW SUGDEN	WR	July 8, 2006
11	AVERY MacLEOD	WR	November 11, 2005
13	TYLER DAVIES GORDON	WR	November 23, 2006
21	MASSIMO PETOSELLI	WR	December 29. 2006
25	CALEB MUNRO	RB	September 29, 2005
27	CONNER KLIMTSCHUCK	RB	January 18, 2005
35	WYATT BELANGER	WR	February 23, 2005
55	BEN ZEITZ	OL	January 31, 2006
53	LÖIC PARÉ	OL	May 14, 2005
55	BENJAMIN SLEEP	OL	August 12, 2005
57	NICHOLAS BUTLER	OL	August 26, 2005
59	MATT THOMSON	OL	June 1, 2005
66	KERBY ALEXIS	OL	February 13, 2005
77	ALEX MONIOT	OL	June 1, 2006
92	DANIEL HOUSTON	OL	January 1, 2005





BELL WARRIORS 2018 PEE WEE TEAM ROSTER

DEFENSE

NUMBER	NAME	POS	BIRTHDATE
2	CREDENCE SHAW	DB	July 23, 2005
4	OWEN LAVIGNE	LB	June 1, 2005
6	THEO CHECROUNE	LB	February 15, 2005
8	BRYCE ADAM	DB	April 5, 2006
12	MIKAYLA LAROCQUE	DB	July 2, 2005
16	EVAN CHIASSON	DB	March 13, 2005
18	PARKER STRETCH	DB	March 9, 2005
20	RYAN STOBO	DB	February 22, 2005
33	CHRIS WILLMAN	DB	June 9, 2006
40	BRADEN BAIGENT	DL	January 16, 2006
42	JP SZYDLO	DL	May 20, 2005
44	LOGAN PAULIN	LB	July 22, 2005
46	COLE JANSEN	DL	April 6, 2005
54	COLTON LUSK	DB	April 21, 2006
56	JORDAN GREENOUGH	DL	November 11, 2006
92	DANIEL HOUSTON	DL	January 1, 2005
94	ISAIAH MARKELL-AYALOGU	DL	January 3, 2005





BELL WARRIORS 2018 PEE WEE PLAYERS OFFENSE

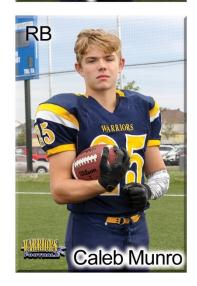




















BELL WARRIORS 2018 PEE WEE PLAYERS OFFENSE



















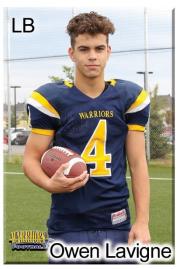


BELL WARRIORS 2018 PEE WEE PLAYERS DEFENSE





















BELL WARRIORS 2018 PEE WEE PLAYERS DEFENSE





















2018 BELL WARRIORS PEE WEE COACHES AND STAFF

PAUL GOWANS Head Coach & Offensive Coordinator

GEOFF FORSYTH Defensive Coordinator PHIL LAVIGNE **Defensive Coach**

JOCELYN AYOTTE Defensive Backs Coach BOBBY JINKINSON Defensive Line Coach

DAVE SABOURIN Offensive Running Backs Coach

QB & Receivers DAVE LATENDRESSE CHRISTINE LAVIGNE Team Manager

MELANIE SLEEP Trainer

TROY MACLEOD **Equipment Manager**

ABOUT THE BELL WARRIORS: The Bell Warriors Minor Football Club offers an amateur tackle football program for boys and girls between the ages of 7 and 23. The Club has been in existence since 1955, with a team in the Pee Wee division. As the league has expanded, so to have the Warriors, and now has close to 138 tackle football players competing annually at the Tyke, Mosquito, Pee Wee and Bantam levels. Our territory includes Bells Corners, Crystal Beach, Bayshore, Britannia, Stittsville, Richmond and Munster. Our organization stresses skills development, sportsmanship, and the value of teamwork. Over fifty volunteers help us to attain these goals through their efforts as club executives, coaches, conveners, event organizers and as bingo workers. Without their help, the Club would not be able to function.

BELL WARRIORS CONTACT INFO:

Club President: Paul Stewart, 6785 Old Richmond Road, P.O. Box 1269

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Email: president@bellwarriors.ca

Social Contacts: www.bellwarriors.ca @BellWarriors1

www.voutube.com/bellwarriorsfootball







Team Photographer:

Wanda Keenan

Telephone: (613) 852-0518

Web: www.keenansp,photoshelter.com

Program Printing:

215 Terence Matthews Crescent, Suite 1, Ottawa

Telephone: (613) 288-2885 Web: www.asappm.com

Thank You Everyone!





The Bell Warriors Football Club want to recognize and thank this year's generous sponsors:









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The Warriors Sponsorship Program is intended to provide companies and individuals with a variety of opportunities to promote their involvement within the community and showcase their support of the Bell Warrior organization. Show your support of the Warriors by becoming a Warrior Sponsor. Contact president@bellwarriors.ca for more details.

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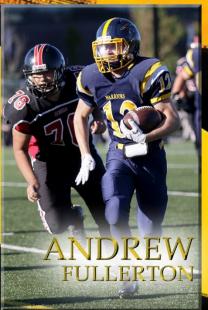
2018 Jim Wagdin Bell Warriors Scholarship Winners Congratulations! Andrew Fullerton and Daniel Schwartz

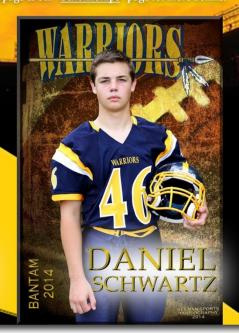
Go to our webpage & our "Scholarships" page for more details.

Every year the Bell Warriors Football Club offers two \$1,000 scholarships to ex-Warrior players who are pursuing post-secondary education.

The Bell Warriors support our players on and off the field. Since the Warriors introduced our Post-Secondary Scholarship Program in 1999, \$38,000 has been given to ex-Warrior players to support their scholastic goals and aspirations.

Show your support for the Warriors Please Share, Like & RT. Thx!









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